120 BHP £ 1825 150 BHP £ 1920 160 BHP £ 1985 170 BHP £ 2035

BDR ENGINE CONVERSION KIT

120, 150, 160 AND 170 BHP

COSWORTH ENGINEERING LTD ST. JAMES MILL ROAD NORTHAMPTON, ENGLAND.

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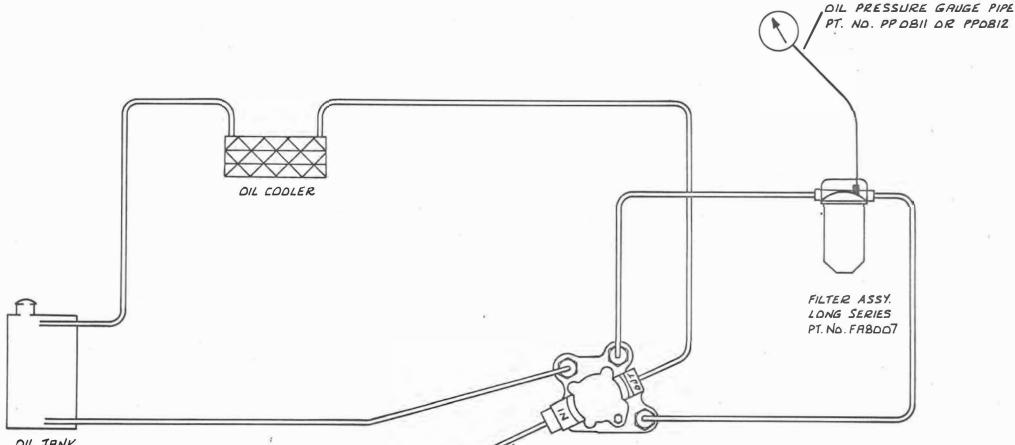
TELEX : 31454 COSWTH G

ISSUE 4 JUNE 87

OIL TANK
SHOULD BE AS TALL AS
POSSIBLE. 2 GALLON CAPACITY
CONTAINING 11/2 GALLON MINIMUM
GAUZE FILTER ON DUTLET TO
PROTECT PRESSURE PUMP.

SCAV. PIPE AND NUT PART NO. TABOID FROM GRUZE FILTER IN SUMP DUTLET (INCORPORATED IN COSWORTH SUMP) OIL PRESS. AND SCAV. PUMP ASSY. PART NO. TRBDO4 AND FREDIO.

UNLESS OTHERWISE STATED ALL CONNECTING PIPES TO BE 1/2" BORE RUBBER PIPE PART NO. LLODOB (QUOTE LENGTH REQUIRED.)



OIL TANK
SHOULD BE AS TALL AS
POSSIBLE. 2 GALLON CAPACITY
CONTAINING 1'2 GALLON MINIMUM
GAUZE FILTER ON OUTLET TO
PROTECT PRESSURE PUMP.

SCAV. PIPE AND NUT PART NO. TABOID FROM GRUZE FILTER IN SUMP OUTLET (INCORPORATED IN COSWORTH SUMPS) DIL PRESS. & SCAV. PUMP ASSY.
PART NO. TREODE AND BASO4D.

UNLESS OTHERWISE STATED
ALL CONNECTING PIPES TO BE
"2" BORE RUBBER PIPE
PART NO. LL DOOB (DUDTE LENGTH
REDUIRED).

OIL SYSTEM.

OIL PRESSURE WHEN HOT 60 P.S.I. MINIMUM.
60/70 P.S.I. AT NORMAL RUNNING SPEEDS.
BEARING FAILURE CAN OCCUR IF THIS TYPE OF ENGINE IS RUN FAST WITH
COOL OIL (BELOW 50°C MIN).
CHASSIS TUBES SHOULD BE NOT USED FOR OIL BETWEEN FILTER AND ENGINE.
MAXIMUM OIL TEMPERATURE 100°C (MEASURED IN TANK).

OIL PUMP ASSEMBLY.

IF THE OIL PUMP ASSEMBLY IS FOR ANY REASON DISMANTLED, IT IS IMPERATIVE THAT WHEN RE-ASSEMBLED THE SHAFT MAY BE TURNED FREELY BY HAND BEFORE THE UNIT IS RE-FITTED TO THE ENGINE. IF THIS IS NOT POSSIBLE THEN THE DRIVING GEARS WILL SUFFER, OWING TO THE LOAD PLACED ON THEM. ANY DIRT WHICH FINDS ITS WAY INTO THE OIL PUMPS WILL HAVE A SIMILAR EFFECT.

PROVIDING THESE INSTRUCTIONS ARE FOLLOWED, THE DRIVING GEARS HAVE PROVED TO GIVE NO TROUBLE AT ALL.

COSWORTH

B.D.R.

BDR Conversion of the standard Ford 1600cc crossflow Kent engine 120, 150, 160, and 170 BHP versions.

It is recommended that a "Hayes" manual for the Mexico/RS/1600 engine is purchased.

Performance. The performance figures stated for the four versions of the BDR are achieved with good flexibility. Whilst it is relatively easy to improve the performance beyond 170 BHP this should not be attempted with the standard crankshaft and connecting rods which should be limited to 6250 R.P.M. The braking, road holding and tyres of the car to receive the BDR should be in keeping with the engine performance. Due to a build up of scale the radiator may not be adequate to cool the BDR.

The engine to be converted should be completely stripped, cleaned and inspected. Replace any defective or worn parts. To define right or left had side of engine view from rear of engine forward.

Cylinder Block. The used cylinder block should be thoroughly cleaned after removing plugs. Teapot spout brushes are ideal for scrubbing galleries. Do not use rag wipers which tend to leave behind a residual of fluff.

Drill water transfer holes in top face of block if necessary. (see fig. 1.) The top face of block should be flat, if necessary re-surface, removing minimum material to achieve a flat surface.

Check grades of pistons to be fitted and hone bores accordingly. If the bores are already oversize sleeve back to standard using standard Ford liners or bore and hone to suit the 1700 cc high compression optional pistons.

Fit cylinder head oil feed restrictor in top face of block. (see fig. 1.)

The oil bleed hole for the chain lubrication on the standard engine to be blocked off using 1/16" diameter aluminium wire. This hole is situated just above main bearing housing on front face of block. Blank off cylinder head/block breather holes with PP1123 and BA0390 core plugs.

<u>Front cover.</u> First fit breather and oil drain tubes (7/16" and $\frac{3}{4}"$ diameter) into respective holes in cover using Araldite. Both tubes should protrude approximately $\frac{3}{4}$ ". Then fit both oil seals flush with casting.

Cover alignment is achieved by pushing jackshaft and crankshaft pulleys into seals on respective shafts before tightening front cover bolts. Bottom joint face of cover should be flush with sump joint face.



BDR conversion of the standard Ford 1600 cc crossflow Kent engine 120, 150, 160 and 170 BHP versions.

Crankshaft. It is not recommended that a crankshaft which has been reground undersize on journals is re-used. Reject a standard crankshaft which has seen excessive service in its original application. detect before having crankshaft tufftrided. With fine emery paper lightly polish journals and thoroughly clean. We recommend fitting Vandervell lead Indium main and connection rod shells. Some standard cylinder blocks are manufactured with main bearing housings line bored +.015" oversize, check before purchase.

Crank, clutch and flywheel should be balanced.

Connecting rods. Crack detect and check balance, fit new bolts, standard on 120 BHP version, TA0083 on 150, 160 and 170 BHP versions. torque bolts with engine oil on threads and under bolt head.

Jackshaft. A groove must be machined in the front bearing journal of the standard Ford camshaft as shown on fig. 2. Ignore existing slot. The groove provides a continuous oil feed to the camshafts metered by restrictor shown in fig.1.

Oil pump. Uprate oil pump by fitting pressure relief valve spring provided (PP2712) in place of standard Ford one. Renew oil filter.

Water pump. Re-condition if necessary. Remove standard hub and fit BA0031 hub.

It may be necessary to remove rib on water pump casing to give extra clearance between water pump and main drive belt.

Cylinder head. To achieve the 150, 160 and 170 BHP performance versions. It is necessary, to evenly blend, by fettling, the inlet port from the .850" dia. to the 1.01" dia. seat throat. The exhaust port from the .850" dia. to the .850" dia. seat throat. Remove any cast port flash or imperfections.

Match inlet manifolds to cylinder head inlet port.

Lap in valves and assemble spring platforms, spring retainers and cotters, make sure cotters are well home in the grooves. Fit water outlet connector from original head.

Camshaft carrier. Take care not to raise any burrs when fitting BA0017 head to camshaft carrier ring dowels.

Camshafts. The inlet camshaft has wider spaced lobes than the exhaust camshaft. Polish all journals with oiled fine emery paper. Remove any snags from the camshaft thrust key grooves. Remove sharp edges on sides of cam lobes.

Timing. Set up camshaft pulleys as in "Hayes" timing diagram (page 52) with timing marks in the centre on a horizonatel line through camshaft centrelines. Turn crankshaft until No.1. piston is at top dead centre on the firing stroke. Jackshaft pulley timing mark should now be coincident with a line through jackshaft and crankshaft centrelines. File a new mark on crankshaft pulley along this line next to jackshaft timing mark. Ignore any existing mark on crankshaft pulley.

BDR conversion of the standard Ford 1600 cc crossflow Kent engine 120, 150 160 and 170 BHP versions.

3.

Timing belt. Always refit belt to run in the same direction. With all the slack on the longest free run adjust tension so that it should just be possible to twist the belt through 90° by hand.

Tappet adjustment. Rotate engine forwards to T.D.C. (camshaft pulley marks lined up). Remove camshaft belt having slacked off eccentric pulley to remove belt tension. Retain tappets up against the camshafts, preferably by inserting 8 EA0153 tappet holding clips between adjacent tappets. Remove surplus oil from tappet chambers with a syringe. Slacken off hexagon head bolts, ensuring cam carrier lifts evenly. Carefully lift carrier assembly vertically until clear of valve stems and shims. Some shims may stick to tappets, some to valve stems, it is therefore advisable to stick the shims to the valve stems with grease whilst carrying out tappet adjustment. It is beneficial to have a set of thin "slave" shims so that the shims in the kit can be finished ground at first attempt. When grinding tappet shims to size the tappet surface should be flat and parallel to the valve stem surface.

<u>Carburettor adjustment.</u> Carburettors should be flexibly mounted and have approximately 10 mm total movement at the trumpet in the vertical plane.

<u>Fuel pressure.</u> In our experience there is a drastic variation in the fuel pressure delivered by pumps of the same type. Maximum fuel pressure of $2\frac{1}{2}$ to 3 p.s.i. can be achieved by fitting fuel pressure regulator KKO271 between pump and carburettors.

Alternator. It will be necessary to mount the alternator forward of its original position. Some bracketry might be available from Cosworth.

Flywheel and clutch. Use either standard RS1600, RS1800 or Lotus Cortina flywheel and clutch with suitable clutch bell housing. 105E Anglia type suits most gearboxes. Lightweight special vehicles like the lotus and Caterham 7 could make use of the current Escort Sprint flywheel, which will benefit by lightening, with AP driven plate HB2427/1283c and cover 76649/22P/T4782.

Ignition distributor. Check condition, in particular shaft rock. Lucas preferred, side entry cap if possible to find.

Ford 116E 1500 cc and Lotus Twin cam conversions. The BDR kit, less pistons is suitable for converting the above engines. Given suitable demand Cosworth will manufacture forged pistons to suit 83.5 mm bore (1600cc).

Ford 1300 cc Kent Crosslfow engine conversions. Most of the BDR kit is suitable for the above conversion. Shorter timing belts and larger idler pulleys are availabe to suit the short 1300 cc cylinder block. The distributor body and shaft would require shortening and a side entry distributor cap used to achieve clearance between distributor cap and inlet manifolds.

BDR conversion of the standard Ford 1600 cc crossflow Kent engine 120, 150, 160 and 170 BHP versions.

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4.

Exhaust system. Where it is not possible to use the RS1600 or RS1800 exhaust manifold a special will need to be fabricated.

See exhaust flange drawing No. BA0137 - Three stud fixing BA0722,3,4 - Four stud fixing or

Spark plugs

120 BHP

Champion N9Y

150/170 BHP

Champion N7Y

For sustained high speed use we recommend a racing plug.

BDR Engine details

Main bearing diameters

2.1260/2.1255

Crankpin diameters

1.9375/1.9370

Valve timing BD1 120 and 150 BHP and BD3 160 and 170 BHP

Inlet valves fully open

Exhaust valves fully open

110° + 1° ATDC 110° + 1° BTDC

Valve lift

BD1 120 and 150 BHP

.335"

BD3 160 and 170 BHP

.340"

Tappet clearance measured cold

BD1 120 and 150 BHP

.008/.009 inlet

.011/.012" exhaust

BD3 160 and 170 BHP

.008/.009 inlet

.011/.012" exhaust

Ignition

Firing order

Ignition

1-3-4-2 $18^{0}-20^{0}$ fully advanced

Before removing sparking plugs, clear all dirt from recess. Use special pliers to remove H.T. leads - do not pull directly on leads.

Cylinder head bolts. Number bolts 1-5 exhaust side, 6-10 inlet side, then order of tightening is:-

8,3,7,4,9,2,10,1,6,5

Cam carrier. It is recommended that "Silastic" is used to make an oil tight joint between the cylinder head and cam carrier and that the paper gasket is omitted.

Belt tension. Always adjust with a cold engine. When checking timing marks or timings always turn the engine in its normal direction of rotation, with the belt correctly tensioned.

COSWORTH

BDR conversion of the standard Ford 1600 cc crossflow Kent engine 120, 150, 160 and 170 BHP versions.

Cooling system. Add a "Barseal" capsule to the cooling system when the engine is fitted in the chassis. In cold weather the usual precautions should be taken against freezing.

Bolt torques

Flywheel/crank	3/8	UNF	50-55	lb.ft.						
Big end (TA0083)	3/8	UNF	41-42	lb.ft.	(oil	on t	hreads	and	under	head)
Cyl. head	7/16	UNC	62-65	lb.ft.	(oil	unde	r head)		
Main cap	7/16	UNC	65-70	lb.ft.						
Cam pulley	3/8	UNF	20-25	lb.ft.						
Jackshaft pulley	5/16	UNC	15-20	lb.ft.						
Idler pulley nut	7/16	UNC	30-35	lb.ft.						
Crank pulley	7/16	UNC	35-40	lb.ft.						
Cam carrier/head	1/4	UNC	8-10	lb.ft.						
Water pump	5/16	UNC	16-18	lb.ft.						
Plugs	14mm		14-16	lb.ft.						

Other

1/4 bolts	5-7 lb.ft.
5/16	10-15 lb.ft.
3/8	20-25 lb.ft.

Rev. limit 6250 RPM

Carburettor settings. Engine testing at Cosworth has been carried out using 4 star approx. 97 octane pump gasoline, which has a high lead content compared to many other countries. It will probably be necessary to vary carburettor setting recommendations outside the u.k.

120 BHP 40 DCOE

30	choke
125	main jet
200	air jet
F16	emulsion tube
35	pump jet
45F9	slow run jet
200	needle valve and seat

150 BHP 40 DCOE

32	choke
120	main jet
170	air jet
F11	emulsion tube
40	pump jet
45F9	slow run jet
200	needle valve and seat.

5.

BDR conversion of the standard Ford 1600 cc crossflow Kent engine 120, 150, 160 and 170 BHP versions.

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6.

160 and 170 BHP 45 DCOE

38	choke
140	main jet
160	air jet
F16	emulsion tube
45	pump jet
45F9	slow run jet
250	needle valve and seat

choke and jet settings may vary from one application to another.

Maximum fuel pressure 3 p.s.i.

It is not necessary to match inlet manifolds to head and manifolds or adaptor plates to carburettors. The manifold to carburettor adaptor plate '0' ring will swell in use and once unclamped will not fit back in their grooves until a "drying out" period has been allowed, therefore keep spares or do not unnecessarily remove carburettors from manifolds.

A Cosworth air filter to suit most applications can be supplied.

Oil feed to cylinder head at front R.H.S. of block to be reamed 21/64" dia. and restrictor BAO356 fitted as shown.

Four water transfer holes in R.H.S. of block top face to be drilled if not already present. Lay gasket on top of block and mark centres for four 5/16" dia. holes offset as shown. At .75" depth these will break into water jacket.

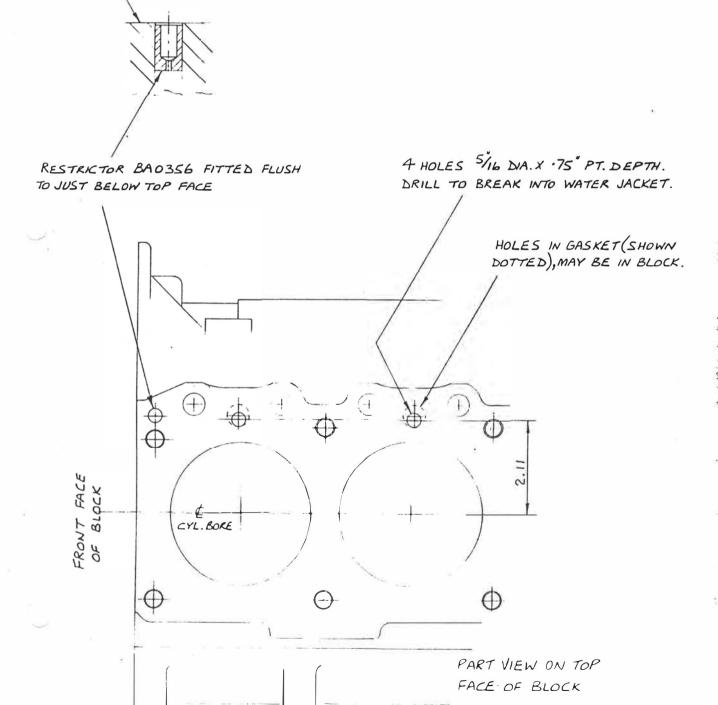
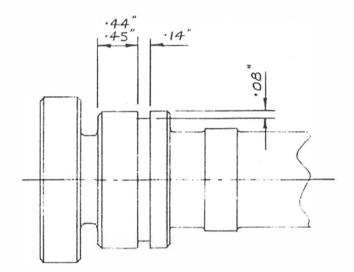
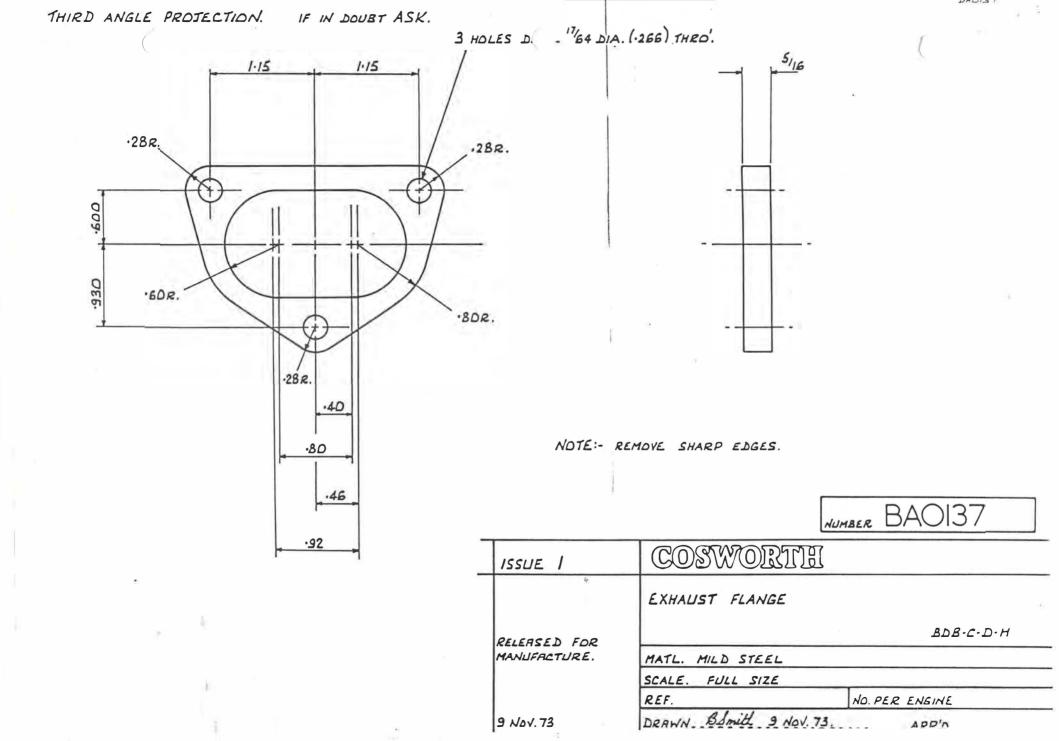
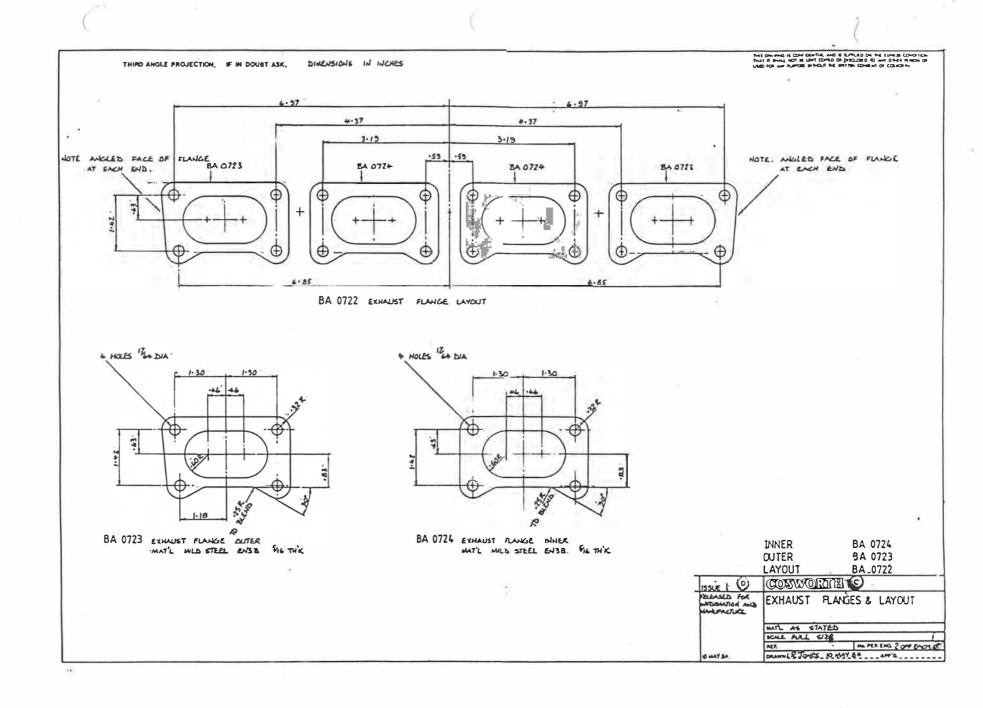


FIG. 2.







COWORTH

ASSY. No.	PART No.	DESCRIPTION BDR KIT 1.	No.OFF PRICE	REMARKS
4	BA0390	CORE PLUG CYL. BLOCK BREATHER	1	
	BA0356	RESTRICTOR CAM OIL FEED	1	
	PP1353	FRONT · COVER	1	
	BA0041	BREATHER TUBE	1	
	BA0641	OIL DRAIN TUBE	1	
	PP0920	OIL SEAL, CRANKSHAFT, FRONT	1	
	PP0916	OIL SEAL JACKSHAFT	1	
	PP0047	BOLT 1 UNC X 2	2	
	PP0918	BOLT 4 UNC X 4	3	
	PP0919	BOLT 1 UNC X 7/8	1	
	PP0037	LOCKWASHER & FLAT SPRING	6	
	BA0092	PULLEY, FIXED IDLER	1	
	BA0093	SPACER	1	
	BA0094	HUB	1	
	PP0954	BEARING	2	
	BA0100	STUD	1 1	
-	PP0917	NUT 7/16 UNF	1 1	
	LL0012	HOSE, BREATHER	7"	
	PP0288	CLIP, HOSE	2	
-	LL0041	HOSE, OIL DRAIN	7"	
	PP1104	CLIP, HOSE	2	
	PP2712	SPRING	1	
	PP3336	PULLEY, CRANKSHAFT	1	
	PP0923	KEY, PULIEY TO CRANKSHAFT	1 1	
	PP0924	WASHER CRANK BOLT	1	
	PP0033	BOLT PULLEY TO CRANK		
	BA0022	PULLEY, VEE BELT, W/P & ALT. DRIVE	1 1	
	PP0047	BOLT, VEE PULLEY TO CRANK PULLEY	3	
	BA0025	PULLEY, CRANKSHAFT	1 1	
	PP0267	BOLT, PULLEY TO JACKSHAFT	2	
	PP0060	WASHER	2	
	BA0031	HUB, WATER PUMP	1	
	BA0031	PULLEY VEE BELT WATER PUMP	11	
	PP0047	BOLT PULLEY TO W/P HUB	4	
	BA8162	CYLINDER HEAD ASSEMBLY	1	
	PP1120	PLUG	1	
	PP1123	PLUG CYL. HEAD BREATHER		
	BA0034	STUD, INLET AND EXHAUST MANIFOLDS	26	
	PP0185	NUT, BRASS EXHAUST MANIFOLDS	16	
	PP0184	NUT NUT	1h 10	
-	PP0184	WASHER	10	
	BA8106	IDLER PULLEY ASSEMBLY	10	
	BA0029	SPACER SPACER	111	- · ·
	BA0100	STUD	1	

COWORTH

ASSY. No.	[PART No.	DESCRIPTION BDR KIT 2.	[No.OFF[PRICE]	REMARKS
	PP0917	NUT	1	
	BA0609	VALVE, INLET	8	
	BA0610	VALVE, EXHAUST	8	
	BA0611	RETAINER, VALVE SPRING	16	*
	FP0205	SPRING , VALVE	16	
	PP0232	SEAL, OIL VALVE STEM	16	
	FA0192	COMPRESSION RING, VALVE STEM SEAL	16	
	BA0251	PLATFORM, VALVE SPRING	16	
	PP0672	COTTER RETAINER TO VALVE	32	
	BA0311	BOLT, CYLINDER HEAD	9	
	BA0235	BOLT, CYLINDER HEAD	1	
	BA0055	WASHER, CYL. HEAD BOLT	10	
	BA0017	RING DOWEL	2	
	BA8033	CAMSHAFT CARRIER	1	
	PP0909	PLUG, CAMSHAFT	2	
	PP1120	PLUG, CAMSHAFT	2	
	BA0018	KEY, CAM THRUST	2	
	BA0019	PLUG, REAR, CAM CARRIER	2	
	PP0473	'O' RING	2	
	BA0020	PIN, PLUG, RETAINING	2	
	PP1281	SEAL, CAMSHAFT	2	
	BA0026	PULLEY, CAMSHAFT	2	
	PP0245	KEY, PULLEY TO CAMSHAFT	2	
	PP0932	BOLT	2	
	BA0056	WASHER	2	
	PP0126	BOLT	5	
	PP0934	BOLT	10	
	BA0276	TAPPET	16	
	SA0047	SHIM	16	•
	PP0950	BELT	1	
	PP1352	CAMSHAFT COVER	1	
	BA0045	TUBE	1	
	PP0765	CAP, OIL FILLER	1	
	PP0766	GASKET, OIL FILLER CAP	1	
	PP0934	BOLT	10	
	LL0008	HOSE, BREATHER, COVER TO CLEANER	8"	
	BA0033	MANIFOLD, REAR	1	
	BA0075	MANIFOLD FRONT	1	
	ZA0054	STUD, CARB FIXING	8	
	PP0090	NUT, NYLOC	8	
	BA0085	BRACKET, THROTTLE SPRING SPRING, THROTTLE RETURN	1	
	BA0084	SPRING, THROTTLE RETURN		
	BA0623	EX GASKET INNER	2	`
	BA0633	EX GASKET OUTER	2	

COSWORTH

ASSY No	. Phin No.	DESCRIPTION BDR KIT 3.	No.OFFIPRICE	REMARKS
	BA0608	GASKET, CAM CARRIER TO COVER	1	
1	BA0051	GASKET INLET MANIFOLD	2	
	PP1721	GOVER , PLUG RECESS	1	×
	PP3334	PLUG LEAD	4	
	PP3335	COIL LEAD	1	
5	PP3161	PISTON , PIN, CLIPS & RINGS 120 BHP ONL	Y 4	
7	PP0772	40 DCOE WEBER CARBURRETOR	2	
3	BA0003	INLET CAMSHAFT, BD1 PROFILE	1	
	BA0004	EXHAUST CAMSHAFT BD1, PROFILE	1 1	
	BA0036	GASKET, HEAD TO BLOCK	1	
	KK0407	CARB, SPACER KIT 40 DCOE	1	
		BDR 150 BHP SPECIFICATION USE		
,	BA8011	BALANCED SET FORGED PISTONS	1 1	
5		TO SUIT STANDARD BORE		
	TA0083	BOLT CONN ROD	8	
				-
		BDR 160 BHP SPECIFICATION USE		
	BA8011	SET PISTONS	1	
	BA0283	INLET CAMSHAFT, BD3 PROFILE	1 1	
	BA0239	EXHAUST CAMSHAFT BD3 PROFILE	1 1	
2	PP0962	45 DCOE WEBER CARBURRETORS	2	
3	TA0083	BOLT, CONN ROD	1 8	
	KK0408	CARB, SPACER KIT 45 DCOE	1	
5				
5		BDR 170 BHP SPECIFICATION USE		
	BA8018	SET PISTONS, 1700 cc	1	
	BA0283	INLET CAMSHAFT BD3 PROFILE	1	
	BA0239	EXHAUST CAMSHAFT BD3 PROFILE	1	
	PP0962	45 DCOE WEBER CARBURETTORS	2	
	TA0083	BOLT, CONN ROD	1 8 1	
	BA0202	HEAD GASKET	1 1	
	KK0408	CARB, SPACER KIT 45 DCOE	1	
•				
5	PP0911	BELT	1	
7	PP0062	PLUG	1	
	PP0053	BOLT	2	
	PP0933	WASHER	2	
	BA0044	RIVET	2	
2				
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HULLOWINGO

SSY. No.	PAN, No.	DESCRIPTION BDR PARTS MENTIONED IN DATA	No.OFFIF	PRICE	REMARKS
	PP1379	TEAPOT SPOUT BRUSH			
*	PP0014	STD. CONN ROD SHELLS, VANDERVELL, LEAD, INDIUM			
		LEAD .INDIUM	8		
	PP0013	STD. MAIN SHELL, SUITS STD. HOUSINGS VANDERVELL LEAD INDIUM			
		VANDERVELL LEAD INDIUM	10		
	PP0012	STD. MAINSHELL, SUITS HOUSINGS			
73732		.015" O/S, VANDERVELL LEAD INDIUM	10		
	EA0153	STD. MAINSHELL, SUITS HOUSINGS .015" O/S, VANDERVELL LEAD INDIUM TAPPET HOLDING CLIPS	8		
	KK0271	FUEL PRESSURE REGULATOR	1		
		PLUG LEAD PLIERS	1		
		AIR FILTER ASSEMBLY	1		
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